

## Banoffee Sundae

For Banoffee Sundae to feed 6 you will need:

150g pecan nuts  
6 digestive biscuits  
6 small bananas  
1 tubs whipping cream  
1 tubs 0% fat Greek yogurt  
2 tins Carnation Caramel



1. Tip the pecan nuts into a dry pan and toast over a medium heat for 1-2 minutes. Cool and then roughly chop.
2. Crumble the biscuits in a small bowl. Chop the bananas into chunks. Whip the cream to soft peaks then stir in the yogurt.
3. Drizzle half the caramel around the insides of the dishes. Tumble in some of the biscuits and nuts and a few slices of banana. Add the remaining caramel, nuts, biscuits and banana and finish with a blob of the creamy mixture.